

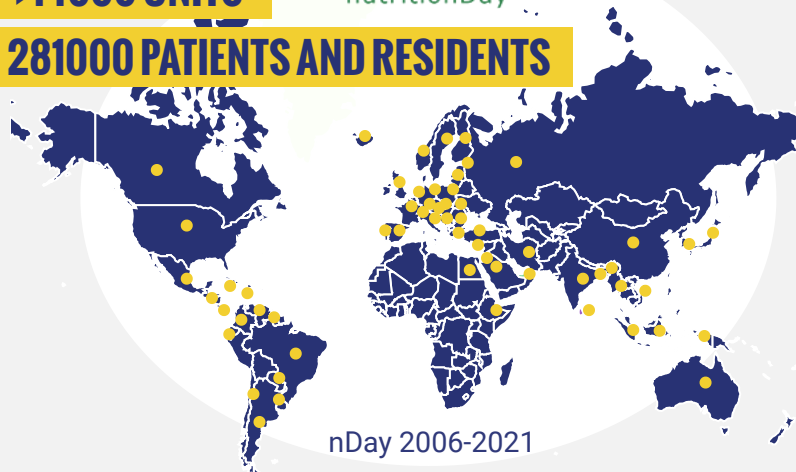
nutritionDay (nDay)

A international audit to benchmark nutrition care in healthcare institutions

71 COUNTRIES

>14000 UNITS

281000 PATIENTS AND RESIDENTS



What is nDay?

nDay is a **1-day** cross-sectional study on nutritional care conducted in worldwide hospitals and nursing homes every year in **NOVEMBER**.

specific questionnaires available for



Hospital



Oncology



ICU



Nursing Homes

+ 35 LANGUAGES

nDay key elements



PATIENT INDICATES ON

- food intake at nDay and before hospitalization
- history of weight loss
- mobility
- BMI and age
- food habits
- health status



CAREGIVER DOCUMENTS ON

- patients and residents' diagnosis, comorbidities and outcome
- planned/ongoing nutritional care
- healthcare center and unit structure
- nutritional care processes and resources in the unit



PARTICIPATION IS EASY AND FREE OF COSTS



ANONIMITY



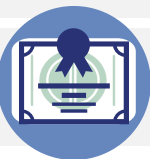
nDay REPORTS

- unit level
- center level
- country level



OUTCOME

30, 60 or 180 days after nDay respectively for hospital, ICU and nursing homes settings

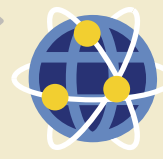


nDay CERTIFICATE for the unit or the nDay coordinator in the unit

nDay as Benchmarking tool



THE REPORT HIGHLIGHTS **QUALITY INDICATORS OF NUTRITION CARE IN THE UNIT**



IN THE REPORT **UNIT DATA ARE COMPARED TO A WORLDWIDE REFERENCE IN THE SAME UNIT SPECIALTY**



REPEATED PARTICIPATION TO nDAY ALLOWS **MONITORING AND BENCHMARKING OF NUTRITION CARE IN THE UNIT AND IN THE COUNTRY**

Aims



- nDay initiative aims to **raise awareness for disease related malnutrition** and to **enhance quality of nutritional care** worldwide
- nDay promotes and supports **national and international research on nutritional care** and related public health topics