



Nutritional risk screening

Identification of malnutrition risk in patients based on scoring systems as first step in fighting disease related malnutrition



? The purpose of nutritional risk screening is to **predict the probability of a better or worse outcome related to nutritional factors** and whether nutritional treatment is likely to influence this.

→ Hospital and healthcare organizations should have a **policy and protocols for identifying patients at nutritional risk**, leading to appropriate nutritional care.

!! A patient screened at risk for malnutrition needs to be **diagnosed with GLIM criteria** and his/her nutritional status assessed.

ESPEN Recommended Screening Tools



Malnutrition Universal Screening Tool (MUST)

for adults - mainly in hospital and community settings



Nutritional Risk Screening (NRS-2002)

for adults - mainly in hospital



Mini Nutritional Assessment (MNA)

for older adults - in hospital, community, long term care and rehabilitation



Other Validated Screening Tools



Short Nutritional Assessment Questionnaire (SNAQ)

for adults - for all care settings



Malnutrition Screening Tool (MST)

for adults - mainly in hospital

